



WORKING WITH VISUAL DISPLAY UNITS & DISPLAY SCREEN EQUIPMENT FOR ASSESSORS / USERS

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COURSE CONTENT

Aim

The aim of this course is to give candidates a sound understanding of the relevant pieces of legislation appertaining to Display Screen Equipment (DSE) Visual Display Units (VDU) an understanding of the term ergonomics and DSE/VDU assessment process.

Pre-requisite

Knowledge of the environment in which the VDU/DSE equipment is situated is advisable.

Course Duration

The course is of one-day duration.

Optimum Number

The optimum number of delegates on the course will be ten.

Training Aids

Use will be made of lecture notes, visual presentations, video, practical exercise.

Assessment

The assessment will be by a practical workstation assessment plus written questionnaire.

COURSE OBJECTIVES

At the conclusion of the course, delegates will have a good understanding of all relevant legislation:

- The Health & Safety at Work Act 1974.
- The Management Health & Safety at Work Regulations.
- The Provision and Use of Work Equipment Regulations 1988.
- The Workplace Health, Safety & Welfare Regulations 1992.
- The Display Screen Equipment Regulations 1992.

The skills to carry out a thorough VDU / DES risk assessment:

- Workstation layout.
- Seating.
- Lighting.
- Design.
- Environment.

Ergonomics

The study of the human body at work, understanding how a persons senses, size and skills interact with their working environment.

COURSE SYLLABUS

Introduction

- General duties under the Health & Safety at Work Act 1974.
- General duties under the management of Health & Safety at Work regulations 1999.
- General duties under the Provision and Use of Work Equipment 1998.
- General duties under the Workplace Health & Safety and Welfare Regulations 1992.
- General duties under the Display Screen Equipment Regulations 1992.

Users and Operators

Ergonomics, designing a workstation (video office ergonomics)

Workstation assessment

ADU / DES risk assessment practical exercise

Written questionnaire

Dates available on request

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