

ROXBYP



Training Solutions

First Aid at Work

Course Content

Aim

This course gives candidates the knowledge and skills to be able to safely deal with workplace accidents / ill-health.

Pre-requisites

No pre-requisites are required.

Course Duration

The course is 3 days in duration.

Optimum Number

A maximum of 10 candidates per course.

Course Language

The course is delivered in English. Therefore candidates must have good standards of both written and verbal English.

Courses can be delivered in other languages however, this would need to be discussed prior to acceptance on the course. It is the responsibility of the person making the booking to make Roxby aware of this requirement.

Training Aids

A PowerPoint Presentation, using course hand-outs and practical exercises.

Course Syllabus

- What is First Aid
- First Aid in the Workplace
- Responsibilities of the First Aider
- Primary Survey
- Secondary Assessment
- Breathing and Circulation
- Principles of Resuscitation
- Disorders of Respiration
- Disorders of Circulation
- Automated External Defibrillator (AED)
- Wounds and Bleeding
- Disorders of Consciousness

Course Syllabus Continued

- Foreign Objects
- Burns and Scalds
- Bones, Joints and Muscle Injuries
- Poisoning
- Incident Training
- Effects of Heat and Cold
- Bites and Stings